

essential choice

MASSAGE AND HOLISTIC THERAPIES

90 Concord Road
North Strathfield NSW 2137
(Corner Princess Avenue)

9746 1128
0416 27 6161

Appointments available 7 days a week

Essential Choice is a team of experienced and award-winning remedial massage specialists located in North Strathfield.

We provide high quality therapies for the whole family designed to offer you relief from the stresses of daily life.

At Essential Choice our holistic treatments assist you to achieve health and vitality through the integration of mind, body and soul.

Massages: Swedish, remedial, deep tissue, hot stone, aromatherapy, lymphatic drainage

Holistic Therapies: Reflexology, kinesiology, counselling, reiki, yoga

For more information, please visit our website at www.essentialchoice.net.au



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Pricing for aromatherapy massage treatments*:

½ hour	\$50
¾ hour	\$65
1 hour	\$80
1½ hour	\$115
2 hours	\$145

Plain oil: SAVE \$5

*For hot stone therapy an additional \$15 applies

Cancellation Policy: 24hrs notice or cancellation fee charged

Health Fund Rebates may apply

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Gift vouchers available



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0416 27 6161

Sue McCrory-Thomson
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aromatherapy

Other therapies and
gift vouchers available

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